



## BUILDING STUDENT RESILIENCE

### STUDENT VOLUNTEERS NEEDED TO PARTICIPATE IN RESEARCH

The nature of work and employment conditions are constantly changing. Growing participation in higher education means that there are a greater number of students from non-traditional backgrounds and all students are under increasing stress as they manage study, financial pressures and job uncertainty. Universities play an important role in supporting students to build their capacity for resilience and develop strategies to manage stressful situations, not just for their studies but also future employment.

Funded by the Australian Technology Network, we have developed a staff program which teaches staff how to embed resilience-building strategies into their curriculum. This program has been developed through a collaboration with Curtin University, Queensland University of Technology and the University of South Australia with input from national experts on student resilience and academic development.

#### WHAT DOES IT INVOLVE?

You are invited to participate in the evaluative research of the program (HRE2017-0439). This involves participation in a focus group and will require around 30-40 minutes of your time. Your involvement in this research is entirely voluntary. An information sheet will be provided with details in accordance with ethical research practice following recruitment for the program.

#### WILL I RECEIVE ANYTHING FOR MY PARTICIPATION?

If you choose to participate in the focus group you will be provided with a \$20 Coles voucher for your time.

#### FOCUS GROUP DETAILS

Two focus groups will be held at Curtin on:

Date: Tuesday 11th September 2018

Time: Curtin Focus Group 1: 1.00pm

Time: Curtin Focus Group 2: 2.00pm

Venue: 402.348:FF

#### HOW DO I REGISTER FOR A FOCUS GROUP?

There is a limited number of places available in each focus group (10 places per group). To secure your place in a focus group, please select **one** of the times below (not both) and register using the following links:

Curtin Focus Group 1 at 1.00pm

<https://www.trybooking.com/YAPT>

Curtin Focus Group 2 at 2.00pm

<https://www.trybooking.com/YAPY>

**Important:** Please bring your registration confirmation with you to the focus group session. If you change your mind and/or are no longer able to attend, please return your ticket as per the instructions in your confirmation email.

#### FOR MORE INFORMATION CONTACT

Alice Carter at [alice.carter@postgrad.curtin.edu.au](mailto:alice.carter@postgrad.curtin.edu.au)

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