

Indigenous Mental Health



Dr Derek Chong is Queensland's first Indigenous Psychiatrist. He has worked at the coalface in health, starting as a residential care worker, then a psychiatric nurse, then studying and practicing medicine before becoming a psychiatrist. He is currently a clinical Professor at QUT.

The full day workshop will discuss a range of topics including:

- The Covid-19 Stressor Effect on First Nation's people
- Healing from traumas, anxiety, mindfulness & Dadirri
- Transgenerational trauma and epigenetics
- What is Trauma Informed Care/Practice?
- Vicarious Trauma

A GP Evening workshop will discuss Transgenerational trauma and epigenetics, reflecting practices.

To Register

Please visit

<https://indigenous-mental-health.eventbrite.com.au>

Closes 20 May 2021

May 25th 2021

James Byrne Centre

60 James Byrne Rd, Highfields

Day Workshop \$250*

Registration 8:30am
9:00am - 4:30pm

All meals provided

GP Workshop \$50*

Registration 5:30pm
6:00 - 8:00pm

*Plus booking fee