

**Australian Psychological Society  
Women and Psychology Interest Group**

**One-Day Conference**

**Motherhood Matters**

**Date:** Saturday 28 November 2015

**Venue:** Acacia Room, Darebin Arts & Entertainment Centre  
Cr Bell St & St Georges Rd Preston, Victoria

**Time:** 10am – 4pm (Registration from 9am – with a cuppa)

**The Motherhood Matters Conference is an opportunity to hear from researchers and practitioners on current issues and initiatives related to mothering.**

**This one-day mini-conference is open to anyone whose work supports women in any aspect of mothering, including nurses, social workers, youth workers, allied health workers, doctors and researchers – not to mention mothers.**

Program details overleaf

<b>Cost</b>	APS Women and Psychology IG Members	\$90
	Students and Presenters	\$90
	APS Members	\$120
	Non-APS Members	\$180

Lunch and refreshments provided

**Register at:**

<http://www.psychology.org.au/Events/EventView.aspx?ID=16073>

**Enquiries** to [psychrespect@optusnet.com.au](mailto:psychrespect@optusnet.com.au)

# "Motherhood Matters"

## Conference Program

**9.00**    **REGISTRATION** - Morning tea available till 9.45

**10.00**    **Welcome and Acknowledgement of Country**  
Carmel O'Brien (National Convenor, APS Women & Psychology Interest Group)

**10.10-10.50**    **Workshop 1**

**The Beingamother Workshop: design, implementation, outcomes and more**

Betty Chetcuti

**10.50-12.25**    **Papers x 4**

10.50    **Troubled identity: The experience of depression and anxiety during pregnancy**  
Aleksandra Staneva

11.10    **Short Break**

11.25    **The Delivery Driver – power, choice and responsibility in medically-managed births**  
Lindsay Cole, Amanda Le Couteur & Hannah Dahlen

11.45    **Mothers matter: How using a social determinants of health approach can contribute to enhancing women's health outcomes during the perinatal period**  
Belinda Barnett

12.05    **Mother Guilt and the Working Mother's Juggling Act**  
Anita Missiha

**12.25-12.40** – **Morning Summing Up and Call to Action**

**12.40-1.30** – **Lunch**

**1.30-2.10**

## **Workshops**

### **Workshop 2**

**Motherhood Unmasked: A community arts-based approach to valuing mothers and mothering** (Paper and exhibition)  
Sampson, E & McSolvín, S.

### **Workshop 3**

**Super superVision: Supervising the Super Mum (and anyone with caring responsibilities) returning to work. What is it like to be supervised by a supervisor who "gets it"?**  
Dr Jillian Bull, Dr RaeLynn Wicklein & Ms Jacqui White

**2.10-2.50**

## **Papers x 2**

- 2.10 **Remembering the Mother in Order to Care for the Baby: Why we need to change the way we support mothers in the first 12-months to enhance child mental health across the lifespan**  
Heather Irvine-Rundle
- 2.30 **The experiences of mothers whose child has a rare congenital constant life-threatening cardiac disorder called Hypoplastic Left Heart Syndrome.**  
Dr Annie Cantwell-Bartl

**2.50 Short break**

**3.00-3.40**

## **Workshop 4**

**Therapist Mothers and Step-Mothers: Experiences from the Frontline** (Panel/Workshop)  
Dr RaeLynn Wicklein, Dr Jillian Bull, Ms Lara Faga, Ms Elizabeth (Liz) Matjacic, Ms Anita Missiha & Ms Jacqui White

**3.40-4.00**

## **Summing Up, Call to Action and Evaluation**

**2.10-2.50**

## **Symposium**

- Adoption perspectives on motherhood**
- 2.10 **Who is their real mother?**  
Jenni Rice
- 2.25 **Is she yours?**  
Helen Lenga
- 2.40 Discussion**
- 2.50 Short break**