



ALL MENTAL HEALTH PROFESSIONALS

## Antidepressant Medications: Understanding how side-effects can affect results in psychotherapy

### THE SEMINAR

Antidepressant medications are now prescribed at record levels in Australia. In 2009-10 there were 12 million prescriptions for ADPs. However, although they are promoted as safe and effective, many medicated people commit suicide.

Most mental health professionals know very little about these medications, and cannot identify serious side-effects that could signal extreme distress leading to extreme acts like suicide. This seminar gives an introduction to the types of subjective experiences that your clients may experience, and which may affect parallel psychotherapy. Tools to record symptoms and severity of distress are explained.



### Session Information

**When:** Monday, September 24, 2012

**Time:** 0830-11:30 hrs (08:30 Registration & Coffee)

**Where:** Stirling Business Centre  
45 Delawney Street  
Balcatta, W.A.  
(Ample Free Parking)

**Speaker:** Philip S Davis MHN RN BSc(Nursing) MPH(UWA)  
*Credentialed Mental Health Nurse*

**Invest:** \$125 (Incl.GST)  
*Includes Refreshments, handout and Certificate of Attendance for CPE Records.*

PLEASE BOOK EARLY - ONLY 8 PLACES !

Please Note: Registrations close on September 17.

### What you will learn:

- Why understanding side-effects is so important
- How ADPs can affect outcomes in psychotherapy
- Case examples of severe side-effects in the words of consumers
- How each ADP type has its own particular side-effects

### About the Speaker

Philip Davis is an ACMHN Credentialed Mental Health Nurse with extensive experience in acute adult mental health clinical practice. He has had several research projects published internationally.

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For a Registration Form:

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