Spectrum Migrant Resource Centre and the Mental Illness Fellowship of Victoria present

Mental Health and Mental Illness in the Arabic Community



Sunday 10th of August 2008 10:00am – 3:00pm (lunch provided)

Spectrum Migrant Resource Centre 187-198 High Street Thomastown, 3074

This free workshop aims to unite service providers and members of the Arabic community to explore issues of mental health and mental illness.

Topics include:

- Arabic conceptualisations of mental health and mental illness
- Barriers to service utilization
- Indigenous coping mechanisms in Arabic culture



This is a great opportunity to network with the Arabic community and increase understanding of mental health issues within the Arabic community.

For more information or to reserve your attendance (please reserve by Monday 4th of August) contact: **Tymur Hussein** M: 0403 526 275 E: tymurh@spectrumvic.org.au







