

# DAVID EPSTON 1 DAY WORKSHOP narrative approaches to working with children and adolescents

when  
Thursday 8 May 2008  
9.30 am - 4.30 pm

where  
The Cinema, Melbourne Uni Private,  
442 Auburn Road, Hawthorn

cost  
Includes lunch  
\$160, \$120 HCC, \$180 at the door  
\$145 for payments received by 8 April 2008

In this inspiring one day workshop, David Epston will demonstrate his approach to working with the 'serious problems' of children and adolescents, including violence, extreme fears, stealing, depression and despair.

David will demonstrate his work in overcoming these serious problems by his use of the 'insider knowledges' that young people have about their problems, (knowledges that are often presumed to be inferior to that of professional or adult knowledges), and will discuss the idea of "non-violent resistance".

David will focus on young people struggling with depression/despair, and violent and self-destructive behaviour.

Also, David will be presenting a 2 DAY WORKSHOP TUES 6 - WED 7 MAY 2008 for people with familiarity and experience with narrative ideas. This workshop will bring those present into the thinking behind the practice of narrative interviews. Limited to 25. Cost \$320, \$290 by 6 April 2008.



David Epston, MA, CQSW, D. Litt is Co-director of The Family Therapy Centre Auckland NZ and teaches at Unitec Institute of Technology. He has co-authored *Biting the Hand that Starves You: Inspiring Resistance to Anorexia/Bulimia* (2004), *Playful Approaches to Serious Problems* (1997), *Narrative Means to Therapeutic Ends* (1990) and many other publications. In 2002, David received a Special Award for Distinguished Contributions to Family Therapy from the ANZJFT. In 2007 the American Family Therapy Academy presented him with the "Distinguished Contribution to Family Therapy Theory and Practice" award.

NARRATIVE  
TRAINING  
CENTRE



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INVOICE/ENROLMENT FORM *Please tick which workshop you will be attending*

1 DAY WORKSHOP: NARRATIVE APPROACHES TO WORKING WITH CHILDREN AND ADOLESCENTS  2 DAY WORKSHOP

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